Effective from Session: 2024-2025							
Course Code	A060104T/HP113	**Title of the Course**	Understanding the Constitution of India	**L**	**T**	**P**	**C**
Year	I	**Semester**	I	5	1	0	6
Pre-Requisite	Intermediate	**Co-requisite**	None				
Course Objectives	After successful completion, students will gain comprehensive insight into the Constitution of India, exploring its historical context, fundamental principles, and intricate provisions. Analyze the structure of governance, fundamental rights, and directive principles. Develop critical thinking skills to interpret legal doctrines and apply constitutional principles in contemporary contexts.						

Course Outcomes	
CO1	To develop a general understanding of historical development & the philosophy of the Indian Constitution.
CO2	To discuss Fundamental Rights enshrined in Part III of the Indian Constitution.
CO3	To discuss DPSP & fundamental duties.
CO4	To discuss the process of amendment and the concept of Basic Structure.
CO5	To understand the Government Structure at Union level.
CO6	Acquaintance to the Government Structure at State level.
CO7	To provide an overview of Election Commission.
CO8	Understanding about the provisions of emergency.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	History and Philosophy of the Indian Constitution	Historical Development of the Indian Constitution: 1858-1935; Features of the Indian Constitution; Preamble to the Indian Constitution: Vision and Objectives	10	CO1
2	Fundamental Rights	Right to Equality; Right to Freedom; Right Against Exploitation; Right to Religious Freedom; Cultural & Educational Rights; Right to Constitutional Remedies.	08	CO2
3	Directive Principles & Fundamental Duties	Directive Principles of State Policy & Fundamental Duties; History of Conflict Between Fundamental Rights & Directive Principles	07	CO3
4	Constitutional Amendment	Process of Amendment & the Concept of Basic Structure of the Indian Constitution	05	CO4
5	Government Structure (Union)	Union Executive (President, Prime Minister & Council of Ministers), Legislature (Lok Sabha & Rajya Sabha) & Judiciary (Supreme Court)	10	CO5
6	Government Structure (State)	State Executive (Governor & Chief Minister) & Legislature (Legislative Assembly & legislative Council) & Judiciary (High Court)	10	CO6
7	Election Commission	Composition, Function and Power of Election Commission.	05	CO7
8	Emergency	National Emergency, President's Rule & Financial Emergency	05	CO8

Reference Books:

1. Abbas H, Alam M.A. & Kumar R (2011) 'Indian Government & Politics' Dorling Kindersley Pearson Pvt. Ltd. India

2. Basu D. (2012) 'Introduction to the Constitution of India' Lexis Nexis New Delhi (English & Hindi)

3. Bhargava (ed.) 'Politics & Ethics of the Indian Constitution' Oxford University Press New Delhi

4. Biswal Tapan (2017) 'Bharatiya Shasan Samvaidhanik Loktantra aur Rajneetik Prakriya' Orient Blackswan New Delhi

5. Chaube S. (2009) 'The Making & working of the Indian Constitution' National Book Trust, New Delhi

e-Learning Source: https://www.constitutionofindia.net/constitution_assembly_debates

https://onlinecourses.nptel.ac.in/noc20_lw03/preview

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	3	3	3	3	3	3	2	2	2	1	2
CO2	3	2	3	2	3	3	2	2	1	1	2
CO3	2	2	2	3	3	3	1	1	3	3	3
CO4	1	2	3	3	3	3	2	1	1	2	3
CO5	3	2	1	1	1	3	3	3	3	3	3
CO6	3	3	3	3	3	3	3	2	2	2	2
CO7	3	3	2	3	2	3	3	3	2	2	2
CO8	2	1	3	2	1	3	2	3	1	2	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	**Sign & Seal of HoD**

Effective from Session: 2024-2025								
Course Code	A060105T/HP114	**Title of the Course**	Political Theory & Concepts		**L**	**T**	**P**	**C**
Year	I	**Semester**	I		**5**	**1**	**0**	**6**
Pre-Requisite	Intermediate	**Co-requisite**	None					
Course Objectives	The objective of this paper is to explore and analyze fundamental principles, approaches, ideas, and frameworks within the field of political science. This includes examining various concepts such as state, sovereignty, democracy, justice, power, authority, legitimacy, idealism, liberalism among others, and elucidating their significance in understanding political systems, ideologies, and practices.							

Course Outcomes	
CO1	To develop a general understanding of Political Science and its relation with other Social Sciences.
CO2	To understand different approaches to the study Political Science.
CO3	To know the concept of state and its origin theories.
CO4	To discuss the concept of sovereignty and law.
CO5	To understand the basic concepts such as Liberty, Equality, Justice, Power, Authority and Legitimacy.
CO6	Acquaintance to Idealism, Liberalism, Socialism and Capitalism.
CO7	To provide an overview of parliamentary vs. presidential, federal vs. unitary system.
CO8	To provide an understanding to the concept of decentralization and theories of representation.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Political Science: Nature and Relation	Political Science: Definition, Nature, Scope, Methods and Relations with Other Social Sciences: History, Economics, Sociology, Psychology.	08	CO1
2	Traditional and Modern Approaches	Traditional Approaches: Philosophical or Normative, Institutional, Historical, Sociological Modern Approaches Behaviouralism, Post-Behaviouralism.	10	CO2
3	State and its Origin	State: Definition and Elements, Origin theories: Divine theory, Force theory, Social Contract, Evolutionary theory and Marxists theory	08	CO3
4	Sovereignty and Law	Sovereignty: Monism and Pluralism. Law: Definition: Source, Classification.	09	CO4
5	Major Concepts -I	Liberty, Equality, Justice.	08	CO5
6	Major Concepts -II	Power, Authority, Legitimacy.	06	
7	Different Ideologies	Idealism, Liberalism, Socialism and Capitalism.	06	CO6
8	Decentralization and Representation	Concept of Decentralization, Theories of Representation.	05	CO8

Reference Books:

1. O.P. Gauba, An introduction to political Theory, Macmillan 2001 New Delhi.
2. AC Kapoor, Principles of political science.
3. JC Johari, Modern Political Theory.
4. CEM Joad, Introduction to Modern Political Theory
5. R. Bhargav & A. Acharya, Political theory: An Introduction, Pearson 2008

e-Learning Source: https://ocw.mit.edu/courses/17-801-political-science-scope-and-methods-fall-2017/
https://archive.nptel.ac.in/courses/109/103/109103141/

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	2	3	3	3	2	3	2	2	2	1	3
CO2	3	2	2	2	3	3	2	2	1	1	2
CO3	3	3	2	3	3	2	1	1	3	3	3
CO4	2	2	3	3	3	3	2	3	1	2	2
CO5	3	2	1	1	1	3	3	3	3	3	3
CO6	2	3	3	3	3	3	3	2	2	2	2
CO7	3	2	2	3	2	2	2	3	3	3	2
CO8	2	3	3	2	1	3	2	3	1	2	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	**Sign & Seal of HoD**

Integral University, Lucknow

Effective from Session: 2024-25								
Course Code	I090103/HS111	**Title of the Course**	Psychology of Health and Wellbeing	**L**	**T**	**P**	**C**	
Year	I	**Semester**	I	3	0	0	3	
Pre-Requisite	Intermediate	**Co-requisite**	None					
Course Objectives	- To develop the concept and definition of health, explain the perspectives of health and Knowledge about psychological health. - Basic concept of structures and functions and process to describe the psychology of health - llness, well-being of varied perspectives, and will be able to apply them in their own and in others' lives. - Provide Insights to the learner a clear understanding of the concepts like health, illness, Physical and mental health. - Structuring the goals to describe, explain, predict and change the behavior.							

Course Outcomes	
CO1	Basic Understanding, Perspective & dimensions of Physical and Mental Health, health, Concept & facets of Wellbeing and Relation between health and well-being.
CO2	Basic knowledge of structural and functional, Concept of holistic health, its principles and importance, Misconceptions about holistic health approach. Indian, Western & Eastern Perspective on Health.
CO3	Basic tools of Medical, Holistic, Biopsychosocial, Social model of Health and Illness. Enriching Wellbeing. Advantages and disadvantages of Biopsychosocial model, Biomedical model v/s Bio-Psychosocial model.
CO4	Enhancement of mental health and Identification of Physical and Mental Health Physical Illness Experiences, Illnesses Related to Food, Diet, Obesity. Problems Related to Sexual Health. Acute and Chronic Pain, Chronic Illnesses, Depression. Anxiety. Psychosomatic Illnesses, Substance Use

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to Health and Wellbeing:	Concept and Definition of Health (Physical and Mental Health), dimensions of health, Historical Perspective of Mental Health, Cross-cultural Perspectives of Health, Concept of well-being, Various facets of well-being, Relation between health and well-being.	8	CO1
2	Cross-Cultural Perspectives On Health:	Concept of holistic health, its principles and importance, Misconceptions about holistic health, approach. , Western Perspective, Eastern Perspective on Health, Indian Perspective on Health	10	CO2
3	Models of Health and Illness:	Illness: Medical Model of Health and Illness. Holistic Model of Health, Biopsychosocial Model, Social Model of Health, Concept of Wellbeing. Advantages and disadvantages of Bio psychosocial model, Biomedical model v/s Bio-Psychosocial model.	10	CO3
4	Identification of Physical and Mental Health:	Physical Illness Experiences, Illnesses Related to Food, Diet, Obesity. Problems Related to Sexual Health. Acute and Chronic Pain, Chronic Illnesses, Depression. Anxiety. Psychosomatic Illnesses, Substance Use.	12	CO4

Reference Books:

1. Brockovich,E. (1993).Health and illness-related cognitions among Brazilian students: a cross-cultural contribution (Doctoral dissertation, University of Southern California).

2. Hahn, D. B., Payne, W. A., & Mauer, E. (1991). Focus on health. Mosby Year Book.

3. Ojha. S, Srivastava. U.R, Joshi. S (2010). Health and Well-Being Emerging Trends: New Delhi, first edition: Global Vision publishing Co. Pvt. Ltd.

4. Silva, P. (2005). An introduction to Buddhist psychology. Springer.

5. Beauchamp. T., Childress J., (1979) Principles of Biomedical Ethics. New York, Oxford University Press

6. Galotti, K.M. (2014). Cognitive Psychology: In and Out of the Laboratory (5th ed.). New Delhi: Sage.

7. Suggestive digital platforms web links-http://heecontent.upsdc.gov.in/Home.aspx http://www.apa.org

e-Learning Source: Suggestive digital platforms web links- Egyankosh, NCERT

PO-PSO CO	PO1	PO2	PO3	PO4	PSO1	PSO2	PSO3	PSO4
CO1	2	3	3	2	3	2	2	1
CO2	3	2	2	3	2	3	2	3
CO3	3	2	2	2	2	3	2	2
CO4	2	2	3	2	3	2	3	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	**Sign & Seal of HoD**

Integral University, Lucknow
Department of Environmental Science

Effective from Session:2023-2024								
Course Code		**I150106T/ES131**	**Title of the Course**	Introduction to Natural Hazard and Disaster Management	**L**	**T**	**P**	**C**
Year		**1st**	**Semester**	I	**2**	**1**	**0**	**3**
Pre-Requisite		Basic science	**Co-requisite**	NIL				
Course Objectives		1. To impart basic knowledge of concept of Hazard, risk and vulnerability. 2. To understand types of hazards, its causes and impact. 3. Assessment of risk and vulnerability. 4. Acquiring knowledge about mitigation and preparedness to combat disaster. 5. To aware about role of government bodies in disaster management.						

Course Outcomes	
CO1	Gain basic knowledge of concept of Hazard, risk and vulnerability.
CO2	Acquired knowledge of hazards its impact.
CO3	Understand about Assessment of risk and vulnerability related to disaster.
CO4	Formulate, organize and assess disaster Risk reduction activities
CO5	Demonstrate and practice Disaster Management.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	**Concept of Disaster and Vulnerability**	Hazard and disaster -Concept; risk and vulnerability; Types of hazards-Natural hazards: hydrological, atmospheric & geological hazards, Causes of Earthquake, floods, cyclone, tsunami, landslides, and drought.	10	CO1
2	**Impact of Disaster**	Global and National Perspective. Disaster profile of India, Case studies from Disasters, Large Hydro projects and its risks-Uttarakhand Dsisaster-2013.	10	CO2 CO3
3	**Disaster Management**	Component of Disaster Management-Preparedness and Mitigation, Phases of Disaster Management. Compensation and Insurance.	10	CO4 CO5
4	**Intervention of technologies**	Application of geoinformatics in hazard, risk & vulnerability assessment. Early warning System; PTWS & IMD.	10	CO5
5	**Disaster Risk Reduction**	Approaches to Disaster risk Reduction (DRR)- Role of public, education and media in DRR. Community Based DRR,International/National Humanitarian aid.	10	CO4
6	**Disaster Act. And Policies**	National Acts and policies for mitigating Disasters (Disaster Management Act 2005, National Policy for Disaster Management-2009, Institutional Framework for disaster management (NDMA, SDMA, SDMA &NIDM).	10	CO5

Reference Books:
1-Coppola D. P. 2007. Introduction to International Disaster Management. Butterworth Heinemann.
2-Cutter, S.L. 2012. Hazards Vulnerability and Environmental Justice. EarthScan, Routledge Press.
3-Keller, E. A. 2012. Introduction to Environmental Geology. Prentice Hall, Upper Saddle River, New Jersey.
4-Pine, J.C. 2009. Natural Hazards Analysis: Reducing the Impact of Disasters. CRC Press, Taylor and Francis Group.
5-Schneid, T.D. & Collins, L. 2001. Disaster Management and Preparedness. Lewis Publishers, New York, NY.
6-Smith, K. 2001. Environmental Hazards: Assessing Risk and Reducing Disaster. Routledge Press.
7-Wallace, J.M. & Hobbs, P.V. 1977. Atmospheric Science: An Introductory Survey. Academic Press, New York.

e-Learning Source:

https://www.researchgate.net/publication/323794760_Natural_Hazards_and_Disaster_Management

https://link.springer.com/article/10.1007/s11069-019-03677-2

https://ndmindia.mha.gov.in/images/public-awareness/Primer%20for%20Parliamentarians.pdf

SWAYAM MOOC, e-Skill India, Coursera, Udemy,NPTEL

Course Articulation Matrix: (Mapping of COs with POs and PSOs)																	
PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1						2	2		-	-	-	-	3	2	2	1	1	-
CO2			2			2			-	-	-	-	2	2	3	1	1	-
CO3			2			2			-	-	-	-	1	3	2	1	1	-
CO4		3				2			-	-	-	-	1	3	1	3	3	-
CO5		2	2			2	2		-	-	-	-	1	1	3	3	3	-

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	**Sign & Seal of HoD**

Effective from Session:2024-25							
Course Code	HM101	**Title of the Course**	RASHTRA GAURAV	**L**	**T**	**P**	**C**
Year	I	**Semester**	I	2	0	0	2
Pre-Requisite	Intermediate (Any Stream)	**Co-requisite**	None				
Course Objectives	The objective of the course on "Rashtra Gaurav" is to explore and critically analyze the multifaceted dimensions of national pride and glory, as depicted in the paper. Participants will delve into the historical, cultural, social, and political aspects that contribute to the concept of "Rashtra Gaurav" (National Pride) in the context of the specific themes and perspectives presented in the paper. Through in-depth discussions, readings, and interactive sessions, participants will gain a comprehensive understanding of the factors that shape and define a nation's sense of pride, and how these factors influence individual and collective identities. The course aims to foster a nuanced appreciation for the significance of "Rashtra Gaurav" in contemporary society, encouraging participants to critically evaluate its implications and applications within diverse global contexts.						

Course Outcomes	
CO1	To understand the basics of Indian Society and culture.
CO2	To understand the literature, science and astrology.
CO3	To understand Indian heritage.
CO4	To examine the philosophical and spiritual developments in India.
CO5	To evaluate the contributions of Major National Characters and Personalities.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Indian Society & Culture	• Unity in Diversity: Cultural & Religious Harmony • Indian Diaspora • Ancient Indian Civilization. • National and International Awards & Awardees	05	01
2	Literature, Science, Astrology	• Indian Epics: Ramayan & Mahabharata • Prominent litterateur: Shudrak, Kalidas, Amir Khusru, • Kautilya's Arthashastra • Panini's Ashtadhyayi	05	02
3	Indian Heritage	• Cultural Heritage in India: Buddhist Monuments at Sanchi, Ajanta & Ellora Caves, Khajuraho, Taj Mahal • Tourist Places in India: Red Fort, Ambar Palace, Kaziranga National Park	04	03
4	Philosophical and Spiritual Developments	• Sufism & Bhakti Movement:Bulleh Shah, Data Ganj Baksh, Khwaja Moinuddin Chishti, and Nizamuddin Auliya.Tulsidas, Surdas, Meera, Nanak & Kabir • Jainism: Mahavir's Biography and Education • Buddhism: The life of Buddha, Contributions of Buddhism to India's Culture	05	04
5	Major National Characters And Personalities	• Ashoka the Great and His Dhamma • Raja Ram Mohan Roy& Brahmo Samaj • Swami Vivekanand and his philosophies • Mahatma Gandhi: Role of Gandhi in Indian National Movement • Dr. Bhimrao Ambedkar: A Chief architect of the Indian Constitution	06	05

Reference Books:

Jawaharlal Nehru - "The Discovery of India"
B.R. Ambedkar - "Annihilation of Caste"
Ramachandra Guha - "India After Gandhi: The History of the World's Largest Democracy"
Mahatma Gandhi – "My Experiment with Truth"
S C Dubey- "Indian Society"
Nadeem Hasnain –"Indian Society and Culture"
G Shah- "Social Movements in India"

Course Articulation Matrix: (Mapping of COs with POs and PSOs)										
PO-PSO CO	PO1	PO2	PO3	PO4	P05	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	2	1	3	3	2	2	3	2	1	2
CO2	3	2	2	3	1	2	3	1	2	1
CO3	1	2	2	2	2	3	2	3	3	2
CO4	1	3	2	3	2	3	2	3	1	3
CO5	2	3	1	2	2	3	1	3	2	1

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	**Sign and seal of HoD**